



MEDICAL AESTHETICS

- Anti-wrinkle injections from R85/unit
- Dermal fillers from R4200/ml
- Sculptra® from R7200
- Profhilo® (Face or Neck) R4950/2ml
- Restylane® Skinboosters (Hands) R4200/ml
- Vitamin IV drips R1500
- Lamprobe® lesion removal From R395

THE SCIENTIST R400 | 20min

Skin analysis with Visia® imaging technology. Highlights aspects of the skin invisible to the human eye and allows us to make scientific recommendations for targeted results.

THE PEACOCK From R860

Customised luxury facial treatments. The ideal choice for relaxation with results. Comprehensive skin experiences that promote cell renewal to brighten complexion and tone the skin.

THE PRELUDE R570 | 45min

A professional teen facial designed to address the challenges of adolescent skin and educate teens for long term results.

THE METAMORPHOSIS R860 | 60 min

Rejuvenating chemical peels are ideal for maximising skin health and have no downtime. Designed to remove the damaged outer layer of skin, to reorganize deeper skin cells into a healthier formation and improve the absorption of home care products. Specific peels are used to target various concerns such as, hyperpigmentation, photoaging, fine lines, acne, rosacea, sensitive skin, inflammation, dehydration and pigmented spots.

THE WORKHORSE R1790 | 75min

Microneedling with the patented Dermapen 4™ medical device, allows controlled skin injury which triggers the skin's natural healing process. Assists the regeneration process through stimulation of collagen and elastin production, improved circulation, and nourishment to the skin. It improves surface texture, pore size and pigmentation.

MESOTHERAPY R1950 | 60min

Active ingredients targeting specific skin concerns like ageing skin, pigmentation and free radical sun damage are deposited into the deeper layers of the skin using our VITAL injector™. Rejuvenates, tightens, improves blood circulation, and stimulates collagen and elastin production.

THE GREAT RE-SURFACERS From R1150

Working on the deeper layers of the skin, these advanced chemical peels have more dramatic results but can carry a longer downtime. These treatments stimulate the regeneration process at a dermal (deep) level and are recommended for treatment of deep-seated wrinkles, post acne scarring, uneven skin tone, laxity and pigmentation.

LASER – IPL REJUVENATION From R750

A non-invasive and non-ablative treatment that uses high-intensity pulses of visible light to help rejuvenate aged skin and target sunspots, redness, and veins.

THE LIGHTHOUSE R400 | 20min

Omnilux LED light therapy stimulates natural cellular processes that rejuvenate and repair the skin. Targets specific cells which are responsible for the synthesis and repair of the skin's supportive structures, leading to a softening of fine lines and improved skin tone.

TRUE SKIN FITNESS

R225 | 20min R450 | 30min R600 | 40min

LPG Endermologie® Face Therapy, a technology from France that is 100% natural and painless. It gently stimulates the skin to reactivate dormant cellular activity and assist with the natural synthesis of Collagen (for firmness), Elastin (for suppleness) and Hyaluronic acid (for volume and hydration)

ENHANCEMENTS

Can be done in combination with facial treatments above.

- Exosomes R1950
- Peri-ocular peel R450
- Dermaplaning R370
- Omnilux LED light therapy R200
- Targeted serums from R250
- The Roots massage R350 | 20min
- Vitamin IV drips R1300

HAIR

- Brow shape and tint R200
- Brow and lash tint R150
- Lash lift and brow lamination R480
- Facial & body waxing (Price on request)
- IPL hair removal from R300
- Ultra PRP for hair restpration R4500

MASSAGE AND BODY THERAPY

Ideal for packages and couples/besties

LPG ENDERMOLOGIE® Slim, Smooth, Sculpt, Firm and Drain From R240

The new body endermologie® patent simultaneously stimulates adipocytes and fibroblasts to produce collagen, elastin and hyaluronic acid for healthier, firmer, younger looking skin

THE ROOTS R550 | 45 min

Be grounded. Relieves tension in lower legs and feet. Improves circulation. Stimulates healthy organ function. Energizing.

THE CROWN R450 | 30 min

Clear your mind. Relieves neck, head, and facial tension. Reduces arm and hand soreness. Increases sense of renewal.

THE STRESS RELIEVER R690 | 45 min

Inspired by Reflexology techniques this therapy aims to calm and balance the body's nervous system and break down toxins to balance the body and mind.

THE SIGNATURE R850 | 60 min or R1200 | 90 min

Swedish inspired massage enhanced with aromatherapy oils. Calming. Relieves stress. Increases well-being.

THE STRETCH R1150 | 75 min

Sports inspired massage for the athlete. Stimulates lymphatic and circulatory systems. Improves range of motion. Reduces recovery time.

THE EXPECTING R1200 | 90 min

Prenatal massage for expecting mothers 13+ weeks. Eases muscle tension. Improves circulation. Reduces swelling. Promotes restful sleep. Includes a cocoon body wrap to nourish and strengthen the skin

THE DETOX AND SLIMMING MESSAGE R1150 | 75 min

This is primarily a detoxifying massage that focuses on techniques that assist circulation and lymph drainage to help remove toxins which cause dimpling and slackening of skin.

THE BIO-SLIMMING WRAP From R395

Biominceur is an award winning, results driven Slimming Wrap. Produced in France, this body wrap uses essential oils, algae, caffeine and hot & cold thermo-agents to detoxify the body, stimulate lymphatics, slim, firm and tone

THE THALGO INTEGRATIVE WRAP From R1005

High precision shaping - draining & slimming. This treatment implements three exclusive expertise: Body wrap with active oxygen, high performance concentrates and perfect sculpt massage

THE COCOON R690 | 45 min

A full body detox wrap. Wholly nourishing. A treatment that helps to cleanse and detoxify the body. A moment of well-being

THE POLISH R580 | 30 min

A full body exfoliation. Pairs the incomparable exfoliating power of marine salt with nourishing oils to reveal a refined skin texture. Allows improved nourishment and hydration. Promotes glowing skin.

THE PRIVATE PICNIC R900 For two

Order a Picnic basket for two, to enjoy in the garden. Includes savoury and sweet snacks as well as wine of your choice. Sourced from our favourite local farms and bakeries.

Gift vouchers available

To book whatsapp 076 050 7742



Stellendal House, 2 Stellendal Road, Somerset West
Mon - Fri 08h00 - 18h00
Saturdays and Non-Christian Public Holidays 08h00 - 17h00